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Testimonials: bad surgeries

Many Latinas must rely on reconstructions fall into wrong hands



When Maria Ferreira traveled four years ago in Santo Domingo for a few weeks holiday, took it into his head **to have cosmetic surgery on her breasts** , as he went there "much cheaper".

"I entered the madness get silicone implants," says this 30 year Dominican. "And **I chose a surgeon without prior investigation** , being only focused on me with new breasts. "

Mary's desire to look a [firmer breasts](#) with a very natural look, came out expensive. Returning to New York, where he resides, he developed fever and swelling in one breast.

"Turned out to be an infection that kept me in the hospital for two weeks and **strong antibiotics down my defenses** , "says the professional model. "It was a horrible experience! I saw very bad. I thought I was going to die."

Controlled infection, Mary was operated again for a cosmetic surgeon in the Big Apple.

"Now I'm fine, but **I spent about \$ 15,000 in all** , no need. And all for not doing from the beginning a preliminary investigation. In Santo Domingo there are very good as certified surgeons in the US, but I chose was not certified and I later learned that not disinfect instruments. "

A common problem

Last year, more than 11 million surgical and nonsurgical cosmetic procedures were performed by [plastic surgeons](#) , dermatologists and otolaryngologists certified by **The American Society for Aesthetic Plastic Surgery (ASAPS)** American. As for Mary, many of these procedures were rebuilding malpractice.

Jeffrey Yager, board certified plastic surgeon, says that arrive daily to your query patients of any country in Latin America with problems of bad surgeries.

"What I see are problems with breast implants, rare infections from mycobacteria, **using implants not FDA approved** (as TIT) that need to be changed, wounds that will not close, scarring and silicone injections, especially on the buttocks and occasionally in the face, "says the surgeon.

Infections with breast implants are given to be inserted into the body without proper sterilization.

"Sometimes **in countries with warmer climates** are not taking care of the implants and stuff [infections] can happen, "Yager says.

As for the wounds that will not close or that result in impaired healing, the doctor says they are presented by the number of surgeries that are done in the same time as the patient travels to his country for a certain time and then return to the United States.

"It's hard to recover well when you have injured a number of cosmetic surgeries that made both **on the face, neck, abdomen and back** . In these cases, the patient can not lie down or face up or face down without damaging the results cosmetic procedures, "observes the doctor.

Safe Surgery

To avoid bad practices which often endanger the lives and health of the patient-Dr Victoria Karlinsky points out that the most important thing when looking for a plastic surgeon is **the verification of their professional credentials** .

"It also helps to talk to some patients the doctor has operated" highlights the surgeon.

Today the internet is another good tool to make a preliminary investigation of the physician in selecting.

"By reading the views of patients, one can have a pretty good understanding of what to expect ... **There are ways to check if a doctor has a medical license** valid and if it has some limitations," says Karlinsky.

Recommendations

- **Choose** a doctor specializing in [plastic surgery](#) that is certified by the company and the board of plastic surgeons in the United States or the country where you want to have surgery.
- **Verify** that the hospital, clinic or institution where you want to be certified and have operated permissions department or secretary of health for cosmetic surgeries.
- **Ensure** that a certified anesthesiologist make an evaluation beforehand and explain the risks that may be related to anesthesia.
- **Ensure** that the surgeon will do a full appraisal, as well as preoperative examinations necessary for the type of operation you are going to practice.
- **Follow to the letter** the recommendations after surgery give evidence and if any complications seek medical advice immediately.
- **Ensure** that the institution which will be operated is near a hospital or clinic where they can meet if a complication occurs.
- **Be wary** of low pricing, as in most cases the aesthetic procedures in the long run more expensive.
- **Verify** that breast implants (or other prostheses) that are going to get approved and certified.