

FAQ's

WHAT AREAS CAN BE TREATED BY LIPOSUCTION?

The most frequent areas treated by liposuction in men are the "love handles", chest, abdomen, and neck line. In women they include thighs, hips, buttocks, stomach, knees, lower legs, and chins. Some patients elect to have their fat recycled through liposuction/augmentation.

HOW ARE THE BENEFITS OF LIPOSUCTION MEASURED?

Cosmetically speaking, successful liposuction is measured in inches rather than pounds. The weight removed is not as important as your body's contour. Most important is our patients improved self-image and self acceptance.

IS THE FAT REMOVAL PERMANENT?

YES and NO. It seems that after puberty we do not create new fat cells. When you gain weight, you expand the fat cells that you have. Tumescant liposuction permanently removes fat cells to improve your body's contour. Should you gain weight after liposuction, it goes to the fat cells that remain elsewhere in your body. The localized fatty deposits that existed prior to liposuction can no longer balloon as much as the areas which have not been touched.

WILL I NEED A SECOND PROCEDURE?

Most likely one procedure will be sufficient. However, some patients require fine tuning at a future date.

WILL LIPOSUCTION GET RID OF CELLULITE?

Liposuction is not a treatment for cellulite, although many patients do notice an improvement in the appearance of cellulite after the fat cells are removed.



Dr. Karlinsky is highly-skilled and trained as a facial and body sculpting specialist who has extensive experience working with post- bariatric/weight loss surgery patients. Having spent a significant portion of her career working closely with leading bariatric surgeons, she has a keen understanding about patients' end goals following significant weight loss. Removal of excess skin following massive weight loss with breast lifts, tummy tucks, thigh arm and body lifts are among some of her interests. She is also highly skilled in facial procedures, such as: face lifts, brow lifts, eyelid surgery, lip enhancement, ear surgery and nose surgery.

Dr. Karlinsky obtained her Bachelor's degree from Hunter College City University in New York City. She then received her medical degree from Ross University School of Medicine, where she focused on Cosmetic and Aesthetic surgery. After graduating medical school, Dr. Karlinsky completed her residency training at Beth Israel Medical Center in New York City, having graduated with the highest honor, as the Chief Resident of the Year and received the Leon Ginsburg Award. Dr. Karlinsky then went on to further hone her skills completing a Cosmetic Surgery Fellowship at the Facial Plastic and Cosmetic Surgical Center in Abilene, Texas.

Liposuction

The Tumescant Technique

When Diet
and Exercise Fail



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Liposuction

YOU HAVE DIETED AND EXERCISED AND THERE ARE STILL STUBBORN AREAS OF FAT THAT WILL NOT GO AWAY. YOUR REASON FOR CHOOSING LIPOSUCTION MAY BE AS SIMPLE AS JUST WANTING TO LOOK BETTER IN YOUR CLOTHES. WHILE LIPOSUCTION IS NOT A REPLACEMENT FOR A HEALTHY LIFESTYLE, IT CAN MAKE YOU LOOK AND FEEL BETTER.

WHAT IS LIPOSUCTION?

Liposuction surgery is performed to actually remove unwanted localized deposits of fat cells from the body. The procedure is meant for body contouring. It is not a treatment for obesity. A suction tube is inserted through a tiny incision placed in an inconspicuous location on the skin. With a high pressure vacuum, fat cells are extracted through this tube. The result is a resculpting of bulging areas into more attractive contours.

WHAT IS THE TUMESCENT TECHNIQUE?

With the Tumescent Technique, large volumes of saline solution, local anesthesia, and adrenaline are infused into the fatty area being treated to cause swelling. This enables your surgeon to maneuver a small instrument called a cannula, connected to a vacuum machine, superficially under the skin. The cannula is inserted into the fatty tissue through tiny incisions. Your surgeon gently moves it around under your skin and suctions away the unwanted fatty deposits to reveal more attractive contours.

WHO ARE THE BEST CANDIDATES?

The best candidates for liposuction:

- Have firm, elastic skin and are in good health.
- Have tried to eliminate bulges through diet, exercise and weight loss.
- Have distinct areas of localized fat that are disproportionate to the rest of their bodies.
- Have realistic expectations and are only slightly to moderately overweight
- Understand that liposuction is not a substitute for weight loss.



Before



Before



Before



Before



After



After



After



After

WHAT WILL MY RECOVERY BE LIKE?

You will go home after the procedure and rest the first 24 – 48 hours. After that our patients are encouraged to get back to their normal activities. Aside from rigorous exercise or lifting very heavy things, there are no restrictions on patient's activity after liposuction. A tight surgical garment will need to be worn for few weeks after your surgery to aid in the healing process.

**FIND OUT IF YOU COULD BENEFIT FROM LIPOSUCTION.
CALL OUR OFFICE AND SCHEDULE YOUR CONSULTATION TODAY.**