

## FAQ's

### YOUR PROCEDURE

Breast augmentation is performed on an outpatient basis using a general or local anesthesia. The procedure usually takes about one hour. One of the more frequent techniques used requires an incision under the lower portion of the areola (the darker area around your nipple). After the incision is made, a pocket is created under the breast tissue or beneath the chest wall muscle. The implant is securely positioned in the pocket and small sutures are used to close the incision. When saline implants are used, your surgeon can adjust the amount of fluid to compensate for difference in size of the breasts many women have.

### ARE BREAST IMPLANTS SAFE?

Yes. There is no evidence that breast implants increase the risk of breast cancer or any other condition. Most women can also breast feed after augmentation surgery, although implant companies warn that some women may not be able to breast feed after the procedure.

### YOUR NEW FIGURE

Getting used to a new figure can be a satisfying and even exiting experience as you and those around you learn to appreciate your new, more shapely figure.



Dr. Karlinsky is highly-skilled and trained as a facial and body sculpting specialist who has extensive experience working with post-bariatric/weight loss surgery patients. Having spent a significant portion of her career working closely with leading bariatric surgeons, she has a keen understanding about patients' end goals following significant weight loss. Removal of excess skin following massive weight loss with breast lifts, tummy tucks, thigh arm and body lifts are among some of her interests. She is also highly skilled in facial procedures, such as: face lifts, brow lifts, eyelid surgery, lip enhancement, ear surgery and nose surgery.

Dr. Karlinsky obtained her Bachelor's degree from Hunter College City University in New York City. She then received her medical degree from Ross University School of Medicine, where she focused on Cosmetic and Aesthetic surgery. After graduating medical school, Dr. Karlinsky completed her residency training at Beth Israel Medical Center in New York City, having graduated with the highest honor, as the Chief Resident of the Year and received the Leon Ginsburg Award. Dr. Karlinsky then went on to further hone her skills completing a Cosmetic Surgery Fellowship at the Facial Plastic and Cosmetic Surgical Center in Abilene, Texas.

## Breast Augmentation

For the **Shape**  
you **Desire**



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## Breast Augmentation

FOR MANY WOMEN, BREAST SIZE IS AN IMPORTANT PART OF FEELING GOOD, DESIRABLE AND NORMAL. MOST WOMEN COMPARE THEMSELVES TO A CULTURAL IDEA OF BEAUTY. HAVING A BREAST AUGMENTATION PROCEDURE, CAN GREATLY IMPROVE SELF-ESTEEM FOR MANY WOMEN. IT CAN MAKE A WOMAN FEEL MORE LIKE THE IDEAL BY NOTICEABLY IMPROVING THE WAY SHE VIEWS HERSELF.

### COSMETIC BREAST AUGMENTATION

Breast enhancement or augmentation is one of the most frequently performed cosmetic procedures in the United States today. It can dramatically improve the appearance of a woman's breast.

The enhancement procedure is used to enlarge small breasts, under developed breasts, or breasts that have decreased in size after a woman has had children.

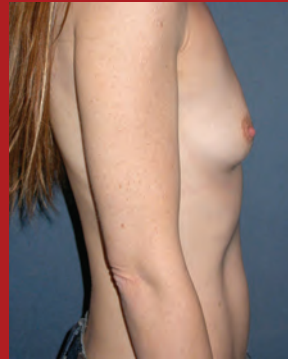
Recent studies have supported the safety of saline implants.

Should a saline implant leak, the salt water is safely reabsorbed by the body as the implant deflates.

Most of the implant manufacturing companies provide replacement warranties.

### IS BREAST AUGMENTATION FOR YOU?

During your conference with your surgeon, discuss your goals and expectations of the surgery. Your surgeon will assess the shape of your breast, your expectations, and explain the probable outcome of your procedure. You'll be shown several before and after treatment photograph of patients and your surgeon will explain what you can expect from this procedure. During your consultation, you will be given instructions on how to do sizing exercises to determine the best implant size for you. Often a mammogram (X-Ray) will be required pre operatively.



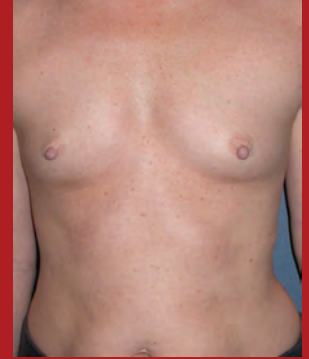
Before



Before



Before



Before



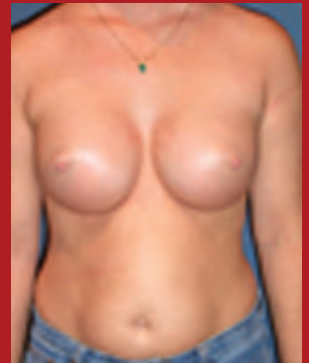
After



After



After



After

### WHAT IS RECOVERY FOR BREAST AUGMENTATION LIKE?

Most patients are able to return to their everyday activities within 1 to 3 days after surgery. Implants placed underneath the muscle tend to cause more discomfort than those placed above the muscle. Your surgeon will help you determine which placement will suite you best. Other than heavy lifting and rigorous exercise for 7 to 10 days after surgery, no restriction are placed on the patient. There are no bulky dressings and most patients are able to wear any bra they like including underwire bras 7 to 10 days after surgery.

FIND OUT IF YOU ARE A GOOD CANDIDATE FOR BREAST AUGMENTATION. CALL OUR OFFICE AND SCHEDULE YOUR CONSULTATION TODAY.